

Massachusetts General Hospital
Substance Abuse Training Program

Group A

1st & 2nd Thursdays
12:00 – 1:30 pm

January – July, 2008

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Target Audience: Social work practitioners who classify themselves as having beginning – intermediate knowledge and skills pertaining to the identification, intervention and treatment of substance abuse.

BACKGROUND

In September 2007 the M.G. H. Social Work Advisory Committee launched a survey to measure the interest and needs of social service practitioners in a substance abuse training program. The survey was administered to 94 practitioners and had a response rate of 72% (n = 68). Respondents came from a wide range of Social Service Collaborative Leadership Teams including Primary Care, Women and Children, Medical/Surgical, Psychiatry, Oncology, HAVEN program, Community Care, Emergency, and Specialty programs.

Findings supported the development of a Substance Abuse Training Program and identified specific areas that training curricula should address. In sum, social service practitioners identify a high prevalence of substance abuse in patients. They highlight the need for improved knowledge and skills relative to interventions for substance use disorders. They also highlight the desire to learn more about community-based resources for substance abuse and special population groups.

COURSE RATIONALE

Substance abuse is a pervasive public health problem in the United States. Social workers in hospital programs are often called upon to intervene with substance abusing clients. In order to do so, they require knowledge about the etiology and epidemiology of substance abuse. These same practitioners must be able to screen, assess and intervene on behalf of individuals with substance use disorders. Social workers must also be aware of the treatment resources within the specialty substance abuse system and how to make appropriate referrals to that system. Finally, social workers require skills and knowledge that support individuals in recovery from alcohol and drug use disorders.

COURSE METHODS

We will utilize a combination of lecture, small group discussion, large group discussion, role play and multi-media presentations in this course.

RECOMMENDED RESOURCES

Texts:

1. McNeece, C.A. and DiNitto, D. M., (2005) Chemical dependency a systems approach, Third Edition, Pearson Education Inc: Boston.
2. Miller, W.R., Rollnick, S., (2001). Motivational interviewing: how people change, 2nd Edition, Guilford Press: New York.

Articles available in PDF on Social Services Website:

1. Davis, D. and Jansen, G. Making meaning of alcoholics anonymous for social workers, *Social Work*, 43 (2), 1998.
2. Doyle, K., Substance abuse counselors in recovery: implications of the ethical issues of dual relationships. *Journal of Counseling and Development*, 75, 429 – 432, 1997.

3. Evans, W., Assessment and diagnosis of alcohol use disorders, *Journal of Counseling & Development*, v76 (3), 1988, p 325 -333.
4. NIAAA: Social Work Education for the Prevention and Treatment of Alcohol Use Disorders <http://pubs.niaaa.nih.gov/publications/Social/ContentsList.html>
5. Rollnick S., & Miller, W.R. (1995). What is motivational interviewing? *Behavioural and Cognitive Psychotherapy*, 23, 325-334. (found at <http://motivationalinterview.org/clinical/whatismi.html>)
6. Miller, W. R., Zweben, A., DiClemente, C. C., & Rychtarik, R. G. (1992). *Motivational Enhancement Therapy manual: A clinical research guide for therapists treating individuals with alcohol abuse and dependence*. Rockville, MD: National Institute on Alcohol Abuse and Alcoholism. (found at <http://motivationalinterview.org/clinical/principles.html>)
7. Modesto-Lowe, V., Boornazian, A. (2000). Screening and brief intervention in the management of early problem drinkers' integration into healthcare settings. *Disease Management and Health Outcomes* 8(3), 129–137.
8. Shepard DS, Strickler GK, McAuliffe WE, Beaston-Blaakman A, Rahman M, Anderson TE (2005). Unmet Need for Substance Abuse Treatment of Adults in Massachusetts. *Administration and Policy in Mental Health* 32 (4): 403-426.
9. Tevyaw, T and Monti, P. Motivational enhancement and other brief interventions for adolescent substance abuse: foundations, applications and evaluations. *Addiction*, Vol. 99, 63-75, Nov2004

Websites Used in the Course:

1. <http://learn.genetics.utah.edu/units/addiction/>
2. www.alcoholics-anonymous.org/
3. www.rational.org/
4. www.secularsobriety.org
5. <http://www.motivationalinterview.org/>
6. <http://bgas.samhsa.gov/>
7. <http://ncadi.samhsa.gov/>

8. <http://www.drugabuse.gov/>
9. <http://www.mass.gov/dph/bsas/bsas.htm>
10. <http://www.niaaa.nih.gov/>
11. <http://www.ncsacw.samhsa.gov/>
12. <http://pubs.niaaa.nih.gov/publications/Social/ContentsList.html>

Week	Objectives	Resources
1/3/08	<p>The practitioner can describe contemporary theoretical models that describe the etiology of substance abuse.</p> <p>The practitioner has developed an appreciation for the prevalence of substance abuse in the United States and the consequences on individual, family and community systems.</p>	<p>Read: Chapter 1 (M & D): Epidemiology of SA</p> <p>Read: Chapter 2 (M & D): The Etiology of Addiction</p> <p>View: NIAAA Slides: Epidemiology of Alcohol Problems in the US</p> <p>View: NIAAA Slides: Etiology and Natural History of Alcoholism</p>

Week	Objectives	Resources
1/10/08	<p>The practitioner can describe the major categories of legal and illegal drugs including the method of injection, effect(s) and potential consequences of use.</p> <p>The practitioner can identify the signs and symptoms of substance abuse</p>	<p>Commonly Abused Drugs chart (PDF)</p> <p>Prescription drugs with potential for abuse chart (PDF)</p>

Week	Objectives	Resources
2/7/08	<p>The practitioner can diagnose substance use disorders according to the DSM-IV-TR.</p> <p>The practitioner can understand and articulate how substance abuse is a brain disorder.</p>	<p>Read: Chapter 3 (M & D): The Brain Biology of Addiction</p> <p>Read: The Science of Addiction (PDF)</p> <p>View: http://www.alcoholmedicalscholars.org/brief-int.ppt#256,1,Screening and Brief Interventions for Heavy Drinking Laura Jean Bierut, MD Alcohol Medical Scholars (Presentation by Laura Jean Bierut, MD)</p> <p>Visit: http://learn.genetics.utah.edu/units/addiction</p>

Week	Objectives	Resources
2/14/08	<p>The practitioner has developed an understanding of how screening, assessment and brief-interventions are an appropriate set of interventions in a hospital setting.</p> <p>The practitioner has become knowledgeable about the range of screening tools for various population groups.</p> <p>The practitioner has developed the practice skills to administer and interpret multiple screening tools.</p>	<p>Read: Chpt 5 (M& D): Screening, Diagnosis, Assessment, and Referral</p> <p>Read: Alcohol Screening and Brief Intervention (SBI) for Trauma Patients (PDF)</p> <p>View: NIAAA Slides: Screening for Alcohol Problems in SW Settings.</p>

Week	Objectives	Resources
3/6/08	Screening Part II : Screening tools for special population groups.	DAST (Drugs) T-ACE (Pregnant Women) CRAFFT (Adolescents) MAST-G (Geriatric) BCSFR Screen (Trauma)

Week	Objectives	Resources
3/13/08	<p>The practitioner can diagnose substance use disorders according to the DSM-IV-TR</p> <p>Intervening with Families</p>	<p>Read: Evans, W., Assessment and diagnosis of substance use disorders. <i>Journal of Counseling & Development</i>, v76 (3), 1998, p 325 -333.</p> <p>View: NIAAA Slides: Diagnosis and Assessment of Alcohol Use Disorders</p>

Week	Objectives	Resources
4/3/08	The practitioner has developed the practice skills to conduct a brief intervention with patients who are abusing substances	<p>Read: Kotrla, K. Social work practice in health care: the need to use brief intervention. <i>Health & Social work</i>, Vol. 30(4), 336-339, 2005. (PDF)</p> <p>View: BNI-ART http://www.ed.bmc.org/sbirt/</p>

Week	Objectives	Resources
4/10/08	No Class – Week of NASW-MA Symposium	

Week	Objectives	Resources
5/1/08	<p data-bbox="428 275 626 338">Brief Intervention II:</p> <p data-bbox="428 384 654 667">The practitioner can articulate and apply a stage of change model when working with patients with substance use disorders.</p> <p data-bbox="428 714 639 1062">The practitioner can articulate and apply motivational interviewing strategies when working with patients with substance use disorders.</p>	<p data-bbox="677 275 1373 380">Read: Rollnick S., & Miller, W.R. (1995). What is motivational interviewing? Behavioral and Cognitive Psychotherapy, 23, 325-334.</p> <p data-bbox="677 420 1385 451">http://motivationalinterview.org/clinical/whatismi.html</p> <p data-bbox="677 491 1109 522">(Rollnick & Miller, What is MI?)</p>

Week	Objectives	Resources
5/8/08	Brief Intervention III	Babor, T.F. & Higgins-Biddle, J.C. Brief intervention. World Health Organization.

Week	Objectives	Resources
6/5/07	The practitioner will be able to refer clients to community based resources and to self-help groups.	<p data-bbox="677 273 1382 331">Visit: Mass Department of Public Health Bureau of Substance Abuse Services Website</p> <p data-bbox="677 369 1382 401">Read: Chapter 6 (M & D): Treatment: The System of Care.</p> <p data-bbox="677 474 1382 632">Shepard DS, Strickler GK, McAuliffe WE, Beaton-Blaakman A, Rahman M, Anderson TE (2005). Unmet Need for Substance Abuse Treatment of Adults in Massachusetts. <i>Administration and Policy in Mental Health</i> 32 (4): 403-426.</p> <p data-bbox="677 674 753 699">View:</p> <p data-bbox="677 741 1382 800">http://www.mass.gov/dph/bsas/bsas.htm (Home page for the Massachusetts Bureau of Substance Abuse Services)</p> <p data-bbox="677 842 1382 900">http://www.mass.gov/dph/bsas/program_summaries.htm#prevention (Substance Abuse Program Descriptions)</p> <p data-bbox="677 942 1382 1001">http://www.helpline-online.com/ (Massachusetts Substance Abuse and Education Help Line)</p> <p data-bbox="677 1043 781 1068">Explore:</p> <p data-bbox="677 1110 1382 1169">http://db.state.ma.us/dph/bsas/search.asp (Online program directory)</p>

Week	Objectives	Resources
6/12/08	The practitioner will be able to effectively refer clients to self-help groups.	<p>Read: Davis, D. and Jansen, G. Making meaning of alcoholics anonymous for social workers, <i>Social Work</i>, 43 (2), 1998.</p> <p>Galanter, Marc (2006) Spirituality and addiction: A research and clinical perspective. <i>The American Journal on Addictions</i>, 15, 286 – 292.</p> <p>Visit: www.alcoholics-anonymous.org/</p> <p>Visit: www.rational.org/</p> <p>Visit: www.secularsobriety.org</p>

Week	Objectives	Resources
7/3/08	No class due to the 4 th of July Holiday	

Week	Objectives	Resources
7/10/08	Wrap up & Loose Ends We will be meeting with Group B in the O'Keeffe Auditorium from 10:00 – 11:30.	Read: Chapter 16 (M & D) Current Issues and Future Prospects