



Information Group Trauma Responses in the Wake of the Boston Marathon Events

This is an open information session for adults to learn more about trauma responses to the Marathon bombings, in oneself, family members, children or friends.

- *what is trauma?
- *common immediate impact: trauma responses in children and adults
- *coping & self-care strategies, establishing safety, reducing long-term impact
- *recognizing signs of lasting effects of trauma responses; when are mental health services needed for children and adults?
- *how to talk to children about the events
- *how does one make meaning about these events?
- *local resources; staff will be available to provide referral to services

This session will be held three times:

Tuesday April 23 from 6:00 -7:30 p.m.

Thursday May 2 from 4:00 to 5:30 p.m.

Tuesday May 7 from 6:00 to 7:30p.m.

Location: The Trauma Center at JRI, 1269 Beacon St., Brookline, MA 02446
Between Harvard St. and St. Paul St.

Transportation: on the Green **C** Line, get off either at Harvard St or St Paul St (but NOT the St. Paul stop on the B line)

Parking: there is open parking on side streets in Brookline (2 hour limit) and metered spaces on Beacon St.

Registration is encouraged, but walk-in is also welcome.

To register contact Janice Stubblefield-Tave at 617/232-1303, X218
Please indicate which date you plan to attend.

*Co-sponsored by the Trauma Center and the Trauma Response Network of Justice Resource Institute

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