



Need a **LIFT**?

LIFT is a non-profit organization that matches individuals and families with dedicated and talented college students (Community Advocates) who provide **INDIVIDUALIZED support and information on how to get a job, continue or begin school, enroll in public benefits and health insurance, file taxes, access resources for children and connect to other critical social services.**

We can help you:

- Apply for **Public Benefits** (Food Stamps, SSI, TAFDC, etc.)
- **Free Tax Return Preparation**
- Create a budget and find ways to **maximize your income**
- Sign up for **MassHealth** and navigate health benefits
- Create resumes and cover letters and help applying for **jobs**
- Find and enroll in **GED, ESL, Job Training** programs
- Find affordable **Child Care**
- Find free or low cost **Legal Representation**
- Access free or low cost community resources such as **clothing, furniture, school supplies, etc**
- Navigate your child's application to College, FASFA, set up college saving plan, afterschool programs, or tutors for your children.



Contact Us:

Roxbury Office

Vine Street Community Center
339 Dudley Street
P: 617.427.1155
F: 617.427.1125
Monday -Friday 9am-5 pm

Cambridge Office

Central Square, 19 Brookline Street
P: 617.349.6294
F: 617.349.6333
Monday 9 am – 8 pm;
Tuesday - Thursday 9 am-5 pm;
Friday 9 am-12 pm

Somerville Office

Union Square , 366 Somerville Ave.
P: 617.591.9400
F: 617.591.9411
Monday -Thursday 9am-6pm;
Friday 9am-3pm

LIFT's mission is to combat poverty and expand opportunity for all people in the Greater Boston area. We envision a day when all people in our country will have the opportunity to achieve economic security and pursue their life goals.