

Home Care Assistance Program (HCAP) – Homemaker Services

HCAP is a MassAbility (formerly Mass. Rehabilitation Commission or HRC) program that provides homemaking services to adults with disabilities. **Note HCAP usually has a waitlist.**

Services

HCAP can assist with tasks such as:

- Meal preparation
- Grocery shopping
- Medication pickup
- Laundry
- Light housekeeping (dusting, vacuuming, mopping, kitchen clean-up, bathroom cleaning, bed changes, and trash removal ONLY)

HCAP does **not** help with personal care tasks (bathing, feeding, transferring), companionship, transportation, pet care, ironing, exterior home maintenance, etc.

You may choose between employing homemakers trained and supervised by home care agencies under contract with HCAP, or you may select and supervise a home care assistant paid through HCAP.

Eligibility

You may be eligible if you meet ALL of the following. You

- Have a disabling condition which keeps you from doing one or more homemaking tasks
- Require homemaking help to prevent hospitalization or institutionalization
- Meet the HCAP financial guidelines*
- Live alone† or with another adult relative or significant other with a disabling condition
- Are between the ages of 18 and 59
- Are not legally blind (MA Commission for the Blind also has a program)
- Do not already have services through a comparable benefit such as the Personal Care Attendant (PCA) program

To Apply

Call 617-204-3665 or complete an online application at massmrc.hylandcloud.com/211customcode/mrconemrc. Please note HCAP usually has a waitlist.

For more information see: mass.gov/doc/home-care-assistance-program/download

***Financial eligibility:** 300% FPL. For a household of 1 in 2024: \$3,765 per month or \$45,180 per year. (for other household sizes see: <https://www.mass.gov/doc/2024-masshealth-income-standards-and-federal-poverty-guidelines-0/download>)

†If you have children under 18 years old you may be eligible for services if you otherwise qualify, however, services are provided only to adults with disabilities