



HELPING INDIVIDUALS RECEIVE THE

Best care at home

by providing training, compensation, &
clinical support for family caregivers



**Adult
Family
Care**

YOUR TRUSTED CAREGIVING

Support Team

Caregiving is a deeply personal experience that's often unpredictable. Take that journey with a support team you can trust.

Adult Family Care is a local, mission-driven non-profit that has helped thousands of families across the Greater Boston Area provide the best care at home.

Every caregiver family is unique, with the common thread being compassion and commitment. We share those values, and provide support through in-home training, compensation, and ongoing guidance.

The families we work with love Adult Family Care; **95% gave us the highest possible rating** on our consumer satisfaction survey. We also hold the highest accreditation rating in Case Management from the National Committee for Quality Assurance.

“ The Adult Family Care program has given my patient the quality of life he has never had. ”

— Primary Care doctor at Massachusetts General Hospital



FOCUSING ON **ABILITY**

Parents caring for adult children face unique challenges when it comes to balancing support and independence. At Adult Family Care, **our focus is on ability and helping people live their best life in the least restrictive environment.**

Our team has extensive experience supporting families caring for loved ones with neurodevelopmental disabilities, traumatic brain injuries, mental health diagnoses, and more. We can also help navigate the network of long-term support programs by coordinating services with organizations such as DMH and DDS. Our team provides a valuable in-home perspective to Individual Service Plan/ Individual Education Plan discussions, family meetings, and discharge planning meetings.

From initial assessment to ongoing home visits, our team is there every step of the way.

INFORMATION FOR PROVIDERS

The Caregiver must live with the participant and cannot be their spouse or legal guardian. The person receiving care must:

- Be 16 or older
- Have MassHealth Standard, Commonhealth, Senior Care Options (SCO), OneCare, or PACE
- Be unable to live alone due to a medical diagnosis
- Require assistance with at least one of the following: bathing, dressing, toileting, transferring between positions, ambulating, or eating



HEALTHY AGING IN PLACE

Healthy aging starts at home, and **our team has helped thousands of families meet the challenges** of hospital-to-home planning, sudden changes in health status, or care needs that gradually grow over time.

Our focus is on person-centered care, which starts with the family goals. Our team looks at the whole picture and uses that perspective to build a personalized care plan. Our nurses and social workers then provide ongoing support through:

MONTHLY HOME VISITS

COLLABORATING WITH HEALTHCARE PROVIDERS
to ensure continuity of care

PROVIDING AN IN-HOME PERSPECTIVE
at discharge planning meetings

NAVIGATING HEALTH INSURANCE
and benefit issues

PROVIDING EDUCATION
on medical diagnoses

COORDINATING COMMUNITY RESOURCES
such as Adult Day Health



HOW WE HELP CAREGIVERS

Providing daily care for a loved one is a new experience for many families. **Our team helps caregivers provide the best care at home through:**

COMPENSATION

A tax free stipend
each month

ONGOING SUPPORT

Discuss challenges and
strategies with our nurses
and social workers

MONTHLY TRAINING

Expert instruction
on caregiving-
related topics

PAID RESPITE

Two weeks paid time
off annually

“ I just have so much more confidence,
knowing my nurse and social worker
are here to support us. ”

— AFC Caregiver

We are happy to connect with you for a no-cost consultation
at **617-440-0987** or via email at **AFC@eldercare.org**

Proudly Serving



[Learn More](#)

Want to learn more about Adult Family Care?

Email AFC@eldercare.org
or call us at **617-440-0987**

We also offer a simple and straightforward
referral process through our website,
adultfamilycare.org